

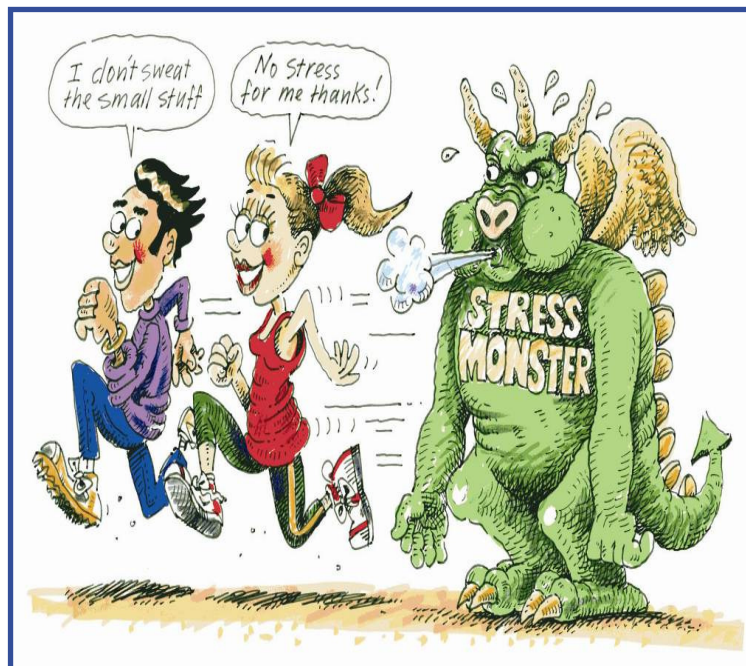


You Can Do It!



YCDI's focus is on building social, emotional, and motivational capacity of young people rather than on their problems and deficits. It encourages prevention, promotion, and intervention efforts (school, home and community) in order to build the social and emotional strengths of young people.

Currently our school is working together on the foundation of **Resilience**;



Resilience means ...

When faced with challenging and difficult situations or people, a child does not as a rule:

1. get extremely angry, worried, or down,
2. when very upset, does not fight or stay away from people for too long,
3. calms down in a reasonable amount of time when very upset, and
4. bounds back to work or play.