



You Can Do It!



YCDI's focus is on building social, emotional, and motivational capacity of young people rather than on their problems and deficits. It encourages prevention, promotion, and intervention efforts (school, home and community) in order to build the social and emotional strengths of young people.

Currently our school is working together on the foundation of **Confidence**;



Confidence means ...

Feeling I can do it! Confidence also means not being afraid to make mistakes or to try something new.

Examples of Being Confident:

- Raising my hand to answer a hard question
- Doing hard work without asking for help
- Sharing a new idea with my teacher and class
- Saying "hello" and talking to someone new